

RunThaCitys Cheatsheet for Essential Gear for Sportbike Riding

Helmet: Choose a DOT or Snell certified helmet for maximum safety and protection. Ensure a proper fit for head and neck protection.

Jacket: Select a jacket made of abrasion-resistant material for protection of arms, back, and chest. Armor can provide added protection in the case of a crash.

Gloves: Opt for gloves made of abrasion-resistant material with reinforced palms for protection against impacts.

Boots: Look for boots made of abrasion-resistant material with reinforced toes and heels for extra protection against impacts.

Pants: Choose pants made of abrasion-resistant material with reinforced knees and hips for extra protection.

Eye protection: Invest in high-quality motorcycle glasses or a full-face helmet with a visor to protect your eyes from road debris.

Remember, wearing the right gear is crucial for a safe and enjoyable sportbike riding experience. Don't compromise on safety and invest in high-quality gear.



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